Project IMPACT: Diabetes Final Results

Aggregated data was combined from all 25 Project IMPACT: Diabetes communities, reporting on participating patients who had baseline and final clinical data following a 1-year patient care period.

Clinical Indicators	n =	Mean Initial Measure	Final Mean Measure	Mean Change	Units
A1c (glycosylated hemoglobin)	1667	9.0	8.2	-0.8*	%
LDL cholesterol	1216	98.6	91.4	-7.1*	mg/dL
Triglycerides	1290	207.8	184.0	-23.7*	mg/dL
HDL cholesterol	1285	43.6	44.2	0.6	mg/dL
Total cholesterol	1299	179.4	170.7	-8.8*	mg/dL
BMI (Body Mass Index)	1701	34.9	34.8	-0.1	units
Systolic Blood Pressure	1713	131.7	130.6	-1.2	mmHg
Diastolic Blood Pressure	1713	78.9	78.2	-0.7	mmHg

***Statistically significant multilevel modeling change**

Participant Demographics

57.2% Women
42.8% Men

Average age: 54.1 years
    (67.6% age 50 or older)
    (23.4% age 62 or older)

Race/Ethnicity
41.4% White
24.4% Black
21.5% Hispanic
 4.8% Native American
0.8% Asian
0.6% Pacific Islander
1.5% Other
5.1% Not Specified