

Project IMPACT: Diabetes Interim Results

Aggregated data was combined from all 25 Project IMPACT: Diabetes communities, reporting on participating patients who had baseline and interim clinical data through July 31, 2012.

Clinical Indicators (recognized standards for diabetes care)	<u>n =</u>	Mean Initial Measure	Mean Interim Measure	<u>Mean</u> Change	<u>Units</u>
A1c (glycosylated hemoglobin) (American Diabetes Association goal <7.0)	1580	9.0	8.3	-0.7*	%
LDL cholesterol level (National Cholesterol Education Program Goal: <100)	966	99.5	92.2	-7.3*	mg/dL
Systolic Blood Pressure (JNC VII** Goal of <130)	1702	131.8	129.9	-1.9*	mmHg
BMI (Body Mass Index) (World Health Organization Normal: 18.5-24.9)	1699	35.1	34.9	-0.2*	BMI units

^{*}Statistically significant change

Participant Demographics

58.3% Women 41.7% Men

Average age: 53.8 years (67.6% age 50 or older) (23.4% age 62 or older)

Ethnicity

41.2% Caucasian

24.2% African American

21.3% Hispanic

4.2% Native American

0.8% Asian

0.7% Pacific Islander

1.5% Other

6.2% Not Specified





^{**} NIH Joint National Committee on Prevention, Detection, Evaluation and Treatment of High Blood Pressure, December 2003